

LEARNING STYLES CHECKLISTS

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CHILD'S NAME:	DATE:	

Х		VISUAL	
	1	Learns by seeing, watching, demonstrations	
	2	Generally unaware of sounds; distracted by visual disorder or movement	
	3	Stares when angry, cries easily, beams when happy, facial expression is good index of emotion	
	4	Quiet; does not talk at length; impatient when much listening required; may use words clumsily	
	5	Remembers faces, forgets names, takes notes	
	6	Deliberate, plans in advance, lists problems	
	7	Likes description, sometimes stares into space and imagines scene when being read to	
	8	Recognizes words by sight; relies on word configuration	
	9	Good fine motor control	
	10	Says "I see what you mean."	
		Tally points and compare to other styles	

Х	AUDITORY	
	Learns through verbal instructions from others or self (talks to self while	
	working)	
	Easily distracted by sounds	
	Shouts with joy or anger; blows up verbally but soon calms down; expresses	
	emotion through changes in tone, volume and pitch	
	Enjoys listening, but can't wait to talk; descriptions are long but repetitive; likes	
	hearing self/others	
	Remembers names, forgets faces; remembers auditory repetition	
	Talks problems out; tries solutions verbally or subvocally	
	Enjoys dialogue. Unaware of illustrations	
	Easily uses phonics; has auditory word attack skills	
	Tends to write lightly, says stroke when writing	
	Says "I hear what you mean."	
	Tally points and compare to other styles	

X	KINESTHETIC	
	Learns by doing – direct involvement	
	Not attentive to visual, auditory presentations, seems distractible	
	Jumps for joy, hugs, tugs and pulls when happy, stamps, pounds when angry	
	Gestures when speaking, stands close, doesn't listen well	
	Remembers best what was done, not what was talked about or seen	
	Attacks problems physically; impulsive; selects solutions with the greater	
	Prefers stories where action occurs early; fidgets when reading	
	Often is a poor speller, writes words to determine if they "feel" right	
	Pushes hard on pencil; has difficulty in small writing activities Breathe lower in their abdomen; therefore, often have a lower voice. Get a	
	"feel" for something	
	Tally points and compare to other styles	